

Assembly Instructions

for 2ft6 and 3ft Adjustable Beds

Fitting pack includes

6 x Silver Glide feet



2 x Headboard Bolts



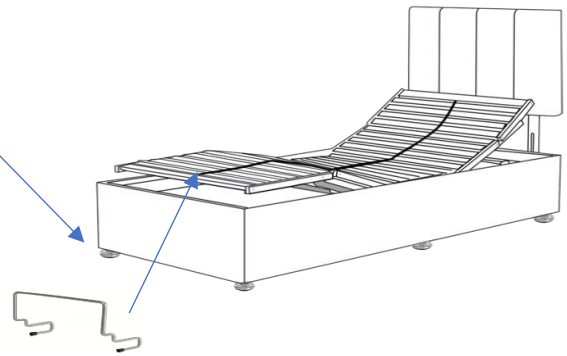
2 x Plastic Spacers



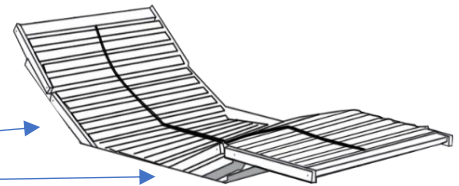
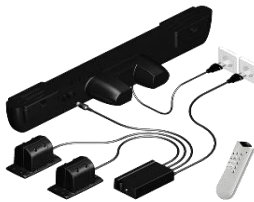
1 Once unwrapped, turn the adjustable base on it's side and un-clip the mains cable and handset from below the slatted base.

2 Insert the 6 silver glide feet into the underside of the base. 1 in each corner and 2 in the middle of the base. You may have to tap them in with a rubber mallet.

3 Fit silver mattress retaining bar onto the first wooden slat at the foot of the base. This stops the mattress from sliding down when the headend is raised.



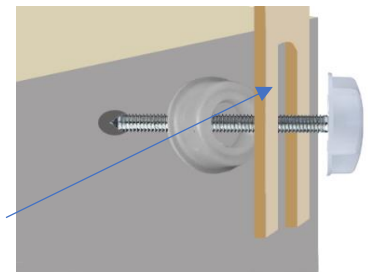
4 If you have purchased a massage unit, this will be required to be bolted to under side of the slatted frame in the lower back and thigh area.



The massage unit requires to be plugged into a mains socket.

5 If you are using a headboard, place the plastic spacer over the threaded bolt. Insert the bolt into the hole provided in the base and turn clockwise, leaving

enough space for the heaboard strut to slide in between the spacer and the bolt head. The bolts can now be tightened by hand.



6 Once plugged in, you can raise or lower the bed ends separately or together to a point of comfort or a sitting position that will aid you when getting in and out of bed.



Should you require further assistance, please call us on 0141 892 0308